



Naaman Center Newsletter

Excellence in drug and alcohol treatment with a Christian perspective



Glory to God in the Highest!

2010
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Edition

Annual Report is available.

Contact the director, Tricia Frank at 717-367-9115

“Those who cling to worthless idols forfeit the grace that could be theirs. But I, with a song of thanksgiving will sacrifice to you. What I have vowed I will make good.

Salvation comes from the LORD.”

Jonah 1:8, 9

Naaman Center is recognized as a 501(c)(3) organization by the U.S. government, and as such, charitable donations to Naaman Center qualify for a deduction for federal income tax purposes.



Doug Lamb Construction Fixes Wall

Robert Frost in his poem “Mending Walls” asserts,

“Something there is that doesn’t love a wall

That sends the frozen-ground-swell under it....”

That “something” had done its worst on the retaining wall flanking the lawn at the Naaman Center on Harrisburg Pike. Its loose chinks and cracks were a blot on an otherwise lovely landscape.



Doug Lamb

Construction workers changed all that in the beginning of November by giving that wall a major facelift, donating their labor and equipment. Within three days they had completely covered the crumbling structure with brand new concrete and installed a sturdy new handrail. The smooth strong exterior looks determined to resist the “something” that “doesn’t love a wall.” Thank you, Doug Lamb Construction! We really like the wall!



Don and Doug Lamb trowel the concrete for a smooth finish.

“I DID SOMETHING I HAD NEVER DONE BEFORE”

Recent Testimony from a Former N. C. Client

It started out a normal Monday. I prayed first thing before anything, thanking God for another day clean and sober. As the day went on, I talked with my probation officer and received the news I had been waiting for. I was a free woman! I had just been released from probation four months early for doing well. I was very excited and grateful: it had been a long 18 months. I had been able to remain sober for the last nine months.

As the day went on, I began having fleeting thoughts of using. Then the desire to use became so strong that my stomach began flipping. I couldn’t eat. I was acting out old behaviors, and I could tell things were spiraling out of control quickly. At one point I was in my bedroom, and I asked myself, “What are you doing?” I fell to my knees and said, “God, you are bigger than this. Help me!”

I called a friend from AA to come over and talk. By the time she got to my house, some events had occurred that put her in a bad place as well. There we sat in my living room, both early in recovery, both entertaining the idea of using again.

Then the phone rang. It was my boyfriend of many years. He was away at work

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Meet Two Of Our Dedicated Part Time Office Staff

Jacki was born in Columbia, PA, the fourth of five children. She was raised Catholic until the age of 31 when she became part of a Christian Bible study and shortly thereafter became a professing Christian. God blessed her with her husband Larry in 1993 and their son Nathaniel in 1996. They have resided in Mount Joy since 1993 and are members of Calvary Bible Church in Mount Joy. Jacki is active in her church's Pioneer Clubs with two and three year olds and serves in the crib and toddler nursery. She is a member in good standing with the Gideon's Auxiliary, serving currently as secretary/treasurer. She started working at Naaman Center in 2006 and has worked to the present time except for several hiatuses. She currently holds the position of business office assistant part-time. She is a very dedicated, faithful worker who is always ready to give a hand to help.



She loves working where people have a heart for God and a heart for people.



Ann Myers began volunteering at Naaman Center two years ago having heard about the ministry through persons at her church, Harrisburg Brethren In Christ. She became part of the part-time staff in December 2009. She had worked previously for a number of years as a supervisor at Electronic Data Systems, Camp Hill, PA. She loves working for Naaman Center where the staff have a heart for God and a heart for people. According to a co-worker, "She brings calm to the office."

Although she grew up in Franklin County, PA, as a young person she came to the Harrisburg area, met her husband at the church there and has lived in the area ever since. The two of them presently serve as deacons at Harrisburg BIC and help to operate the Food Pantry. They have two children, a married daughter interested in

law and a son who recently graduated from Pitt with a degree in mechanical engineering. Ann enjoys reading and hiking and volunteering.

Dip into the Season

When the house is full of guests, a dip table is popular with all ages. Below are three dips that we really enjoy with veggies, crackers, or corn chips during the holidays.

Nacho Dip

Layer the following into a 9-inch cake or pie pan or similar container.

1st layer: 15 oz. can refried beans mixed with ½ pkg taco mix (or use 15 oz. Mexican refried beans)

2nd layer: 2 avocados mashed well with 1½ T lemon juice, ½ tsp salt, ¼ tsp pepper

3rd layer: 1 c. sour cream
½ c. salad dressing,
½ pkg. taco mix

4th layer: slices of black olives, green onions, small tomatoes

5th layer: grated cheddar cheese
Enjoy with corn chips.

Chili Dip

Layer the following into a 9-inch cake or pie pan.

8 oz. softened cream cheese

15 oz. canned chili

1 finely chopped tomato

½ to 1 c. of medium salsa

½ green pepper chopped

1 small can sliced black olives

Cover with shredded cheddar cheese and bake at 375 degrees for 15 minutes.



Olive Dip

1 cup of mayonnaise

8 oz. cream cheese

1 large or 2 small cans of sliced black olives

1 jar of salad olives (the green olives) with no pits

Add some of the juice from the jar of the salad olives according to your taste.

Add salt and pepper to taste.

Mix well and spread on crackers or enjoy with veggies.



Patricia Frank,
Executive
Director

If you
want to
see some-
thing
that you
never saw
before, do
something
that you
never did
before.



From the desk of the Executive Director

From the time of its founding in 1989 until now, Naaman Center has walked by faith. The staff does its best to use all available funding sources for the clients; however, there are always situations in which funding is not available. Though the Center has grown so as to better serve the surrounding communities, the need for your support has not diminished. In fact, the need has grown in direct proportion to the expansion. It is my hope and prayer that you will continue your commitment to support Naaman Center by including this ministry in your year-end giving plans. I urge you to take this opportunity to share with those who most need and appreciate your generosity.

Often God's plan is not the same as ours: it's better. Although the Bible does not say specifically, Mary and Joseph most likely had worthy dreams for their life together. Nevertheless, they gave up those dreams to be available to God and to accept His plan for their lives. They allowed God to redirect their steps and surrendered to His will regardless of the consequences. "*A man's heart plans his way, but the Lord directs his steps.*" (Proverbs 16:9) Of course, God's plan was a better plan for them and us. This fundamental principle of planning, but letting God direct us, is an integral part of the decision-making and problem-solving process at Naaman Center.

We have a problem, however. We are simply running out of space and need to add on to our existing building in Elizabethtown, PA. (Please take a look at the graph on the last page of this newsletter.) Not wanting to turn anyone away, we are prayerfully moving forward with this project, anticipating it will begin in the spring of 2011. The addition will increase our waiting room, add a reception area, and on the second floor add two additional offices. **Now is the time**...you have an opportunity to help support this ongoing ministry. God has placed Naaman Center here for such a time as this. If you would like to support us with a year-end contribution, please send your tax deductible checks payable to "Naaman Center." This building project is not a budgeted item and we will need the help of our faithful supporters as well as new friends to make this a reality. ***You will be investing in eternity for someone!***

Friends, I want to thank you who pray for us and contribute financially. You are a vital part of the team and I pray that God will shower His blessings upon you in a special way this holiday season.

Lives are being changed...one at a time! Thank you for helping us help others!

Patricia Frank

Fall Banquet with H. B. London Raises \$11,500

Over 200 persons attended the Fall Banquet at the Mount Joy Mennonite Church on November 1 and raised more than \$11,500 for the Naaman Center. Three clients testified about how God used the Naaman Center to help them get victory over substance abuse. H. B. London told his own story of receiving and giving God's love.

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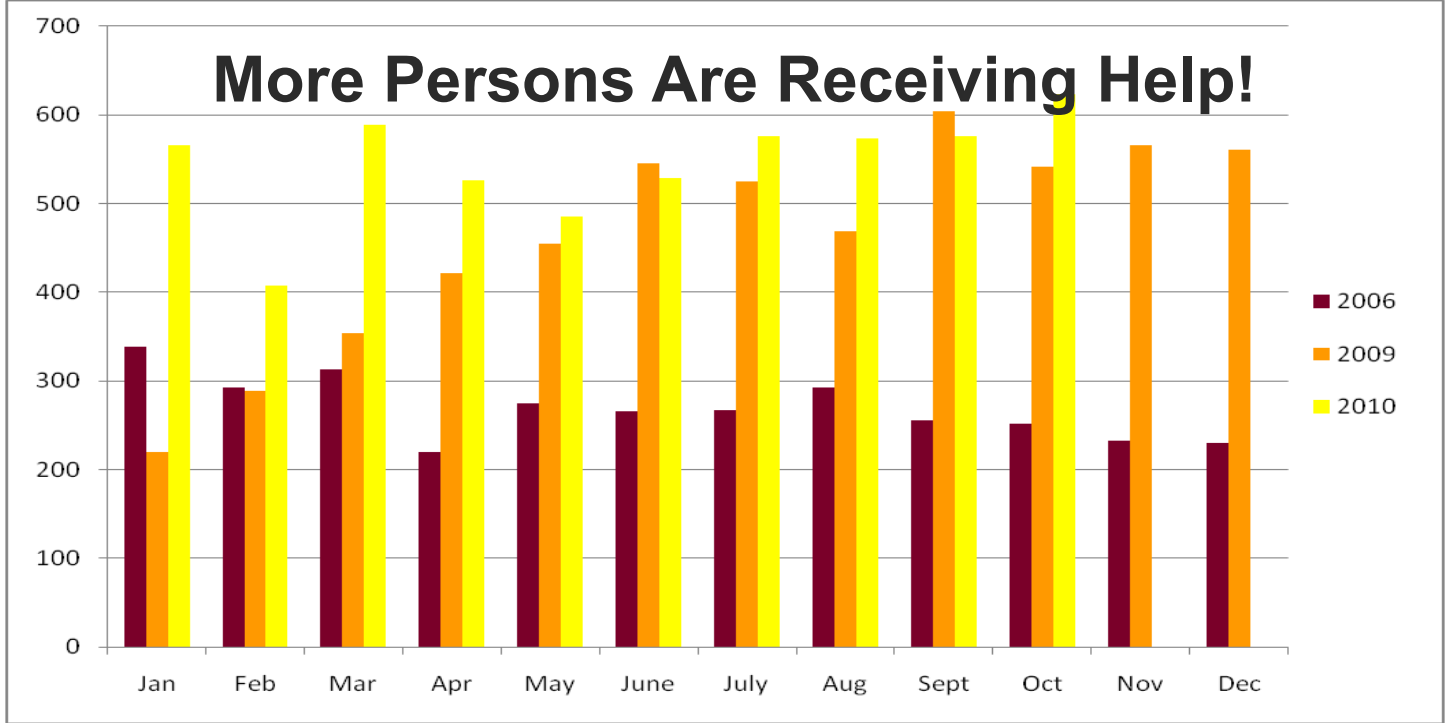
Humility and Prayer...Testimony

and checking to see how I was doing. I told him that my friend had come over, and he was not happy. He had a bad feeling about this person and wanted me to ask her to leave. I wanted to say, "Why would I do that? We're not doing anything." Instead, I respected his wishes and asked her to leave.

When she left, I instantly felt better. A calmness came over me. My stomach stopped flipping. I wasn't even thinking about using anymore. I was alone with my son. I looked around the room and said to myself, "This is what you are meant to be doing: being at home and being a good mother. I also came to a huge realization at that moment that my boyfriend had done me a huge favor. He separated me from that friend that I could have ended up using with. He saw something that I wasn't able to see. I realized it was a divine intervention. God used him to save me. As the evening went on, I was filled with gratitude, expressing thanks to my boyfriend and praise to God. I made it through what could have turned out to be a devastating night. I did something I had never before been able to do when the desire to use was so strong. I was victorious over the enemy. Thank you, GOD.

of Billable Events

More Persons Are Receiving Help!



Naaman Center Service remained fairly constant in the years prior to 2009. Then, under the direction of Tricia Frank in 2009, God began a growth spurt at the Naaman Center that has continued to the present time.