



# Naaman Center Newsletter

Summer Edition, August 2010

*Excellence in drug and alcohol treatment with a Christian perspective*

## Brown Joins N. C. Board (by the Grace of God)

Submitted by E. Daniel Martin

Tracy Brown, age 50, the newest member of the Naaman Center Board of Directors, lives with a deep sense of gratitude for all God has given him. He said "Someone took time for me when I did not see me in me. Someone helped me; mentored me encouraged me. Now I want to make a difference one person at a time. I want people to be impressed, not with me in me, but with God in me. I strive, not for perfection, but to serve with excellence."

Tracy is still amazed at all God did in his life, as though to say, "How did I get here from there?"

Tracy has worked successfully for 27 years with the Pennsylvania State Police and has achieved the rank of lieutenant. He is the Station Commander for the Avondale State Police Station. Tracy has received two college degrees, the most recent one in pastoral ministry from Lancaster Bible College. He is now pursuing a Master of Divinity degree at Eastern Mennonite Seminary in preparation to become a pastor in a Mennonite Church after he retires from the police force in 2012.



Tracy and Barbara Brown

Tracy and his wife of ten years have a deeply gratifying relationship in which God is the center of their relationship. They are parents to a total of four children and grandparents to four grandchildren. Both Tracy and Barbara have experienced deep disappointment and pain in prior marriages and now are asking God to give them 40 more years together in His service.

Barbara had been a member of Locust Lane Mennonite Church where the late Lindsey Robinson was pastor. Lindsey participated in performing their marriage in 2000.

Tracy experienced early loss in his life. He was raised by a single mother; his father left the family when Tracy was three years old and did not reappear till Tracy was 16. God provided a stepfather, a mentor even after he was no longer with Tracy's mother.

Tracy always thought his mother took him to church only to learn later in life that he had taken her to church. As a boy he asked her where all those people were going on Sunday morning. This led to his mother taking him to the Baptist Church. He became very involved in the church, singing in the choir and getting involved in many community projects.

In his youth Tracy was a "nerd", often preferring reading to involvement in social activities. But with urging from mentors, he became involved in sports. He did well and was accepted by his peers because of his academic prowess. He did well academically, graduating at the top of his class.

*Continued on p. 3*

## New N.C. office opens in Gap

The phone is beginning to ring for Naaman Center's new satellite office at the Gap Family Resource and Counseling Center, 835 Houston Run Drive, Gap, PA. The doors officially opened on July 1, 2010. Ted Dickerson, lead counselor for the Gap satellite, will see clients only on Thursdays initially. As the number of clients grows, more days and counselors will be added to the schedule. To schedule an appointment call (717) 367-9115.



Gap Family Resource and Counseling Center

### Mark Your Calendar

FALL BANQUET

Monday evening

November 1, 6 PM



With speaker

**Dr. H. B. London**

vice president of

*Focus on the Family*

Mount Joy Mennonite Church

Mount Joy, PA



Tricia Frank,  
Executive Director

*“Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and dine with him, and he with Me.”  
Revelation 3:20*

A very versatile, forgiving, and tasty recipe—amounts of main ingredients may be reduced or increased as you like.

## From the Desk of the Executive Director

As summer rolls into fall, we believe God will continue to bless the ministry that Naaman Center provides for the surrounding communities. That ministry is to people who get caught in a downward spiral of addiction to substances and/or behaviors.

These persons did not intend to become addicted. Like most of us, they had challenges and unfulfilled desires. They longed for love, attention, and nurture. They wanted relief for pain and suffering. Drugs offered instant gratification, something that appealed to their hurting, impatient, self-centered side. In giving in to this side, something bigger than themselves called an addiction took over their lives.

The treatment of addiction often requires a very specialized program with experienced caregivers. At Naaman Center, we have a team of professional, dedicated caregivers who are trained to help those struggling with drug and alcohol addictions. We strive to provide a comfortable, caring and compassionate environment.

Our desire is to work alongside pastors, businesses and families to provide professional counseling and treatment in a Christian environment for those struggling with drugs and alcohol. We believe no heart is so crushed that it cannot be restored. We provide counseling for various needs – spiritual, relational, addictive and mental health. Life-changing help is available here at the Naaman Center.

We covet your continued prayers and support.

God Bless,  
*Tricia Frank*

## “Breaking Free” Course Impacts Participants

August 11 marked the last session of the “Breaking Free” course at the Naaman Center. Rick and Tracey Mascioli led the 12-week course based on the biblical book of Isaiah.

A total of 16 persons were involved in part of the course, and six persons completed the entire course. Two particular evenings were especially

meaningful when persons made lists and repented of past wrongdoings. Along with their heartfelt confessions they experienced God’s forgiveness and freedom.

Participants said, “We learned so much during this course. We just wish it would never end.”

## Beef and Cabbage Stir Fry

*This is a wonderful way to use leftover roast beef and cooked rice! Fantastic flavors!*

Slice 1/2 to 3/4 lbs. of **roast beef or pot roast** across the grain into thin strips, 2-3 inches long. Coarsely chop **one large onion**. Sauté onion in a skillet or wok in **3 Tbsp vegetable oil**. with **2 crushed garlic cloves**. Add the sliced beef. Add **1 tsp each of salt, pepper, and sugar and 1-2 Tbsp soy sauce**. Stir fry briefly and add **3 cups of cooked rice**. Mix well and stir fry until rice is heated. Add **4 cups of thinly sliced or shredded cabbage**. Stir-fry a few minutes until cabbage is beginning to wilt and food is hot.



For more flavor add ½ cup or less of beef broth or more soy sauce. (After adding cabbage, dish can be finished in covered dish in oven, 350 degrees for 20-25 minutes.) Serves 6.

## Brown joins board *Continued from page 1*

Tracy came to the Lord in a more personal way in 1992 in the midst of marital and financial problems. He became involved in the Brightside Baptist Church in Lancaster, where he was a deacon and later ordained as a minister. He said that because of his work and his credentials, he is able to “marry people, bury people, pray for people and arrest them all at the same time.”

Tracy never saw himself as a leader. But after his training at Lancaster Bible College, he became more aware that others see him as a leader and that is why he has been consistently honored and promoted in all his various experiences. Now he wants to intentionally lead people in becoming disciples of Jesus Christ.

Tracy’s biological father came to the Lord later in life and in fact became a minister. Just before he died, he asked to be buried without shoes because he knew he would be stepping out onto holy ground. Tracy lives with the sense that all of life is sacred and that he is already treading on holy ground

because of the great mercies of the Lord.

Tracy is clear that God is calling him and Barbara into the fulltime Christian ministry in the year 2012 after this present period of preparation.

Tracy learned about the Naaman Center through Norman and Jean Shenk who were very involved in the founding of the Naaman Center. Jean who worked as a chaplain met Barbara and introduced her and Tracy to the Naaman Center and to Laurel Street Mennonite.

Tracy works as a policeman so as to bring peace to people and situations. Tracy says, “My whole life is about peace. I am willing to lay down my life to bring peace.” In this light he is taking on responsibilities on the Naaman Center Board in order to see peace multiplied in people’s lives ravaged by addiction.

The Naaman Center is blessed to have this man Tracy and his supportive wife Barbara become a part of the Naaman Center family.



“My whole life is about peace.”  
— Tracy Brown



*From left to right:*  
*Front row:*  
Tricia Frank  
honorary member  
Gail Viscome  
Anna Peachey, secretary

*Back row:*  
Norman Shenk,  
treasurer  
Tracy Brown  
Scott Heintzelman  
Tom Zeager  
Allan Carr, chairperson  
E. Daniel Martin,  
vice chairperson  
Emmanuel (Sonny) Oliver

Naaman Center’s Board of Directors meets monthly to prayerfully make decisions concerning the life and ministry of the Naaman Center. Their desire and focus is to keep Naaman Center a Christ-centered, Christ honoring, state-of-the-art treatment center.

# Thank you!

to the 88 golfers & the sponsors at the 2010 Golf Tournament.

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## Congratulations

to the Darrenkamp Team, top prize winner—\$50 gift card for each

The 2010 Golf Tournament Raised Approximately \$15,000 for the Naaman Center!

## Mark Your Calendar...



# Naaman Center 18<sup>th</sup> Annual Fall Banquet

Mount Joy Mennonite Church  
 Monday, November 1, 2010  
 6:00 p.m.

*Plan now to join us for an evening of great food, music, fellowship and an inspirational message by Dr. H.B. London.*