

From the Director's Desk



How quickly time passes. Can't believe summer is here! I am reminded of how precious life is with every passing moment. Loss of loved ones, life's uncertainties and difficult decisions seem to permeate our lives. Yet, God brings new life in the form of a newborn baby, the laugh of a child, and new opportunities that may come our way.

Contrary to stereotypes, typical substance abusers are difficult to pick out of a crowd. They work, raise families, even go to church, and appear to have normal lives. Substance abuse can be legalized drugs such as alcohol and prescription medication as well as illegal drugs. The work of Naaman Center helps to make the world a better place for our children. The pain and devastation caused by addiction is indescribable to family and those closest to the addict or alcoholic. Naaman Center has a professional team of staff members who genuinely care about the people they serve. Their professional skills, combined with a heart for the individual and their family, creates a healing atmosphere for growth and learning how to be better dads, moms, brothers, sisters, and friends.

Everyone needs a second chance. We all make bad choices and then must face the consequences of those bad choices. As we try to do better, we are painfully aware of our tendency to fail, to disappoint, and to mess things up. We need hope, forgiveness, and another chance. Addicts are changing their entire lives. No wonder it's a bumpy road.

We covet your continued prayers and financial support. Please prayerfully consider partnering with Naaman Center as we carry on the work God has called and equipped us to do. Challenges are ongoing, yet we serve a great God who desires to bless you, our clients and Naaman Center. In 1 John 5:14 we read, "And this is the confidence that we have toward him, that if we ask anything according to his will he hears us."

God bless,
Tricia Frank

Eagle Scout Project May 2015

Special Thanks to Jared Douglas. He completed his Eagle Scout badge here at the Naaman Center. His projects included re-lining the parking lot and trimming the trees.



Jared Douglas



Fruit Pizza



Ingredients:

- + Pillsbury Sugar cookie dough package. (or any brand)
- + 8 oz (224g) full-fat cream cheese, softened to room temperature
- + 1/4 cup (60g) unsalted butter, softened to room temperature
- + 2 cups (240g) confectioners' sugar
- + 1-2 Tablespoons (15-30ml) cream or milk
- + 1 teaspoon vanilla extract
- + assorted sliced fresh fruit

Directions

1. Prepare sugar cookie dough according to package directions for crust.
2. Make the frosting: In a medium bowl using a handheld or stand mixer fitted with a paddle attachment, beat the cream cheese and butter together on medium speed until smooth, about 2 minutes. Add the confectioners' sugar and 1 Tbsp cream. Beat for 2 minutes. Add the vanilla and 1 more Tbsp cream if needed to thin out. Beat for 1 minute. Spread in a thick layer over the cooled sugar cookie crust. Decorate with fruit.
3. Cut into slices and serve. Fruit pizza may be made 1 day in advance, covered tightly, and stored in the refrigerator before serving. Leftovers keep well in the refrigerator for up to 3 days.

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It took four years for the Naaman Center to open its doors. Board members met once a month at six in the morning before they went to work. They established by-laws and secured a medical license among many other details.

There were many other challenges along the way of course. They had a building to use but needed funds to renovate the farmhouse. The Mennonite church was generous and gave in support of the Naaman Center and God provided in other ways as well.

Another challenge was who would staff the facility. At the time the Naaman Center opened most drug and alcohol treatment facilities were staffed by recovering addicts. Today the Naaman Center is staffed by a team of highly educated professionals who also believe in the power of Christ to heal and transform lives.

Dr. Martin admits that there were difficult years when it felt like they were never going to make it. He said, "We read books and did seminars to figure out how to be a board but it was by God's grace that the Naaman Center is what it is today." Today the fruit of the original vision for the Naaman Center has multiplied. The Naaman Center serves clients at five locations. The Naaman Center would not be what it is today without the dedication, sacrifice, humility and courage of Norman and Jean Shenk and Dr. and Ruth Martin.

Naaman Center is wonderful! Christian-based, teaching you principles and tools to use throughout life. They are non-condemning, understanding, and passionate.
~ A client.

Naaman will work to make you a better person wherever you may be at on your walk with the Lord, wherever you are in life or recovery. They truly understand and are caring. You WILL change being at the Naaman Center!
~ A client.

"If therefore the Son shall make you free, you shall be free indeed." ~ John 8:36

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Naaman Center Newsletter

~ Summer 2015

Excellence in Drug and Alcohol Treatment

*Golf
 Tournament
 Friday,
 7-17-15
 Registration
 required*

<https://www.facebook.com/thenaamancenter>
*Check us out
 on FB!*

Honoring our Volunteers

Special Thanks to Pastor Steve Lane and Elizabethtown Brethren In Christ Church congregation for choosing Naaman Center for a local missions project. Approximately 30 volunteers, adults and children, worked at Naaman's Elizabethtown location on Sunday, June 1, 2015. Other donors included Sherwin Williams Paint Store of Elizabethtown; and Zeager Bros. Inc. of Middletown.



A Blessed Heritage...

The first days of summer have arrived! Gardens have been planted and sprouts are stretching higher each day reaching for the sun. Tending a garden requires planning, a willingness to get dirty, and constant care. It requires a lot of hard work but the fruits of labor sure are sweet!

The vision for the Naaman Center started with two couples, Norman and Jean Shenk and Dr. E. Daniel and Ruth Martin. At the start all they had was an idea. They were not quite sure how to care for it or how exactly it would grow. Over many years they tended the vision, feeding and pruning until the Naaman Center opened its doors in 1992. This is the story of their vision, a Christ centered drug and alcohol treatment facility, the journey to make that vision a reality, and their continued care as they have watched the vision grow, expand, and flourish.

Norman Shenk was a pastor of Erisman Mennonite Church in Manheim, Pennsylvania in the 1980s. Norman wondered how to better help members of the community struggling with alcohol. He and his wife Jean also had close friends with a family member gripped by an addiction to alcohol. Their friends had recently acquired a large property for a business opportunity and it was Jean who suggested that perhaps a part of that property could be used for a drug and alcohol treatment facility. In the meantime Norman Shenk contacted Dr. E. Daniel Martin, a fellow Mennonite pastor, who also saw clearly the need for a Christian drug and alcohol treatment facility.



Norman & Jean Shenk



Dr. E. Daniel & Ruth Martin

In the 1980s, Dr. E. Daniel Martin was a pastor and a psychiatrist. Enamored with psychiatry he thought that science had an answer for everything. However, he began to realize that psychiatry didn't have answers for addictive disorders. His desire was to see a Christ-centered drug and alcohol treatment center. One day he went for a long walk and prayed that God would help him create a business so that he could begin to make money to put toward this vision. Dr. Martin felt the Lord telling him that he should not worry about how to find funds. A few weeks later he received a phone call and a donor generously gave twenty five acres of land and a farmhouse to use for a drug and alcohol treatment center.

Dr. Martin began to put together a board which Jean Shenk was a part of for four years. (Norman Shenk has been on the board since 1994.) The board agreed on the vision but didn't know how to make it a reality. There was no roadmap. The question remained what exactly would a Christ-centered drug and alcohol treatment center look like and how would they get there? Board members visited other facilities. The typical model in the 1980s was a residential treatment facility where patients would go and stay for thirty days or more. However this model didn't follow up with clients after they finished treatment. There was no support system at home. An outpatient model, three to four months in length, was a new concept at the time. Clients could still go to work and they learned how to integrate what they were learning into their everyday lives.